



余振強紀念第二中學

**Yu Chun Keung Memorial College No.2**

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**2024/25 School Circular No.99**

13<sup>th</sup> January, 2025

Dear Parent/Guardian,

**Arrival of the 2024/25 Influenza Season and Additional Measure on Temperature Monitoring**

The influenza surveillance data of the Centre for Health Protection (CHP) has shown that the local seasonal influenza activity has continued to increase recently, indicating that Hong Kong has entered the 2024/25 influenza season. Seven outbreaks were recorded in the first week of January 2025, affecting 45 persons. To safeguard students' health, we will continue our efforts on cleaning and disinfecting the school premises.

To protect students' health, students should receive their seasonal influenza vaccination as early as possible for personal protection. Moreover, we continue to check the body temperature of all students every day during the influenza season when they arrive at school so as to identify students with fever.

To prevent outbreaks of influenza and other respiratory infections, it is of prime importance that children with fever (oral temperature higher than 37.5°C, or ear temperature higher than 38°C), regardless of the presence of respiratory symptoms, should not be allowed to attend school.

The school will continue to advise parents to remind students to continue maintaining personal, hand and environmental hygiene against influenza and other respiratory infections. The following measures are advised:

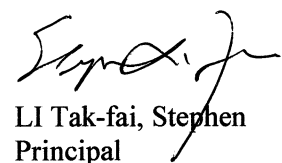
- Maintain hand hygiene; avoid touching one's eyes, mouth and nose;
- Wash hands with liquid soap and water properly whenever possibly contaminated;
- Cover the nose and mouth with tissue paper when sneezing or coughing. Dispose of soiled tissue paper properly into a lidded rubbish bin, and wash hands thoroughly afterwards;
- Maintain good indoor ventilation;
- It is important to wear a mask properly, including performing hand hygiene before wearing and after removing a mask;
- When having respiratory symptoms, wear a surgical mask, refrain attending classes at school, avoid going to crowded places and seek medical advice promptly;
- Wear a surgical mask when getting into contact with persons with fever or respiratory symptoms;
- Wear a surgical mask when taking public transportation or staying at crowded places;
- High risk persons should wear a surgical mask when visiting public place; and
- Build up good body immunity by having a balanced diet, exercise regularly, take adequate rest and avoid overstress.

For the latest information on influenza and prevention measures, please visit the CHP's pages:

- The influenza page (<https://www.chp.gov.hk/en/features/14843.html>)
- Prevention of Seasonal Influenza Infographic ([https://www.chp.gov.hk/files/pdf/prevention\\_of\\_seasonal\\_influenza.pdf](https://www.chp.gov.hk/files/pdf/prevention_of_seasonal_influenza.pdf))
- Video on "Prevent diseases · Maintain good hygiene" (<https://www.youtube.com/watch?v=sJFekuVwJ-s>)

We once again call on all parents to work together to keep their homes clean and hygienic, and to always remind your children to pay attention to personal hygiene and take all measures to prevent influenza and other respiratory infections.

Yours faithfully,

  
LI Tak-fai, Stephen  
Principal

Humility; Service ; Love